

## **NEW SHOW!**

# **2019 VIZION COUTURE BEACHWEAR CONTEST**

Hi Athletes.

[Vizion Couture](#) along with Miles Productions are very excited to announce a new contest, "Beachwear", that will be featured in all Miles Production shows. This will be a fun, non-sanction event. The new contest will begin immediately after the conclusion of all NPC Miles Production events. The name of the contest is **Vizion Couture Beachwear**. We will have a completely different set of Judges for this event.

This will be a very fun contest that will provide you a platform to show your own personality by selecting your choice of two-piece outfits and high heels. The type of physique we are looking for will be main stream. It's going to be a blast!

Please read the description and rules below. And please, do not hesitate to call or email me with any questions you may have.

Thank you,

Miles and Kim Nuessle 602-326-3473  
miles@miles151.com  
website npcmlsproductions.com

### **Description of Vizion Couture Beachwear Contest.**

1. Well balanced physique with good symmetry.
2. No large capped off shoulders or large sweep to the quads and hamstrings.
3. Minimal abdominal development showing. Suggestion, if you have pronounced abdominals keep your mid-section relaxed.
4. No over dieting or over water depleting.
5. The look is more of an Elegant look and not so muscular. Lean, but without separation.
6. Words we would **NOT** use to describe this class: muscular, cut, shredded, dry, hard, muscle separation.
7. Words we **WOULD** use to describe this class: beauty, balance, aesthetic, symmetry, fit, toned.
8. Stage presence is important. Show yourself in a classy, elegant way when walking and doing turns.
9. No lewd poses or acts. Keep it classy.

**Please look at the pictures below.** There is an example of a look we are going for and an example of a look we are not going for.

**THIS IS WHAT WE ARE LOOKING FOR**



**THIS IS NOT WHAT WE ARE LOOKING FOR**



## **Rules of the Vizion Couture Beachwear Contest.**

1. Must be a two-piece outfit, including high heels. Meaning, it could be a bikini, boy shorts, tube top or any two-piece combination you think best shows your physique and fits your personality. The high heels you chose should express your personality. This is your chance to express yourself and have FUN!

We suggest you contact [Vizion Couture](#) They have awesome seamstress 480-447-4789.

Together, I'm sure you could come up with something that will make you look amazing. We also suggest staying away from the typical competition bikini suits. We want you to have a fun, different look. Thong outfits are not allowed.

2. The first part of the show, whether on Friday night or Saturday morning (depending on which show you chose to do) you will come out in a group.
3. You will face the judges. They will have you turn right to the side and hold. Turn right to your back and hold. Turn right to the side and hold. Turn right to the front and hold.
4. You will do a walk to the back of the stage and stop. The judges will direct you when to turn around. After the judges turn you around, they will direct you when to walk to the front of the stage.
5. The judges will then move you around for comparisons.
6. For the second part of the show, held on Saturday night, you will come out one at a time and perform a model walk.
7. You will then come together as a group and be compared performing your turns. **You will be judged both times you appear on stage.**
8. No lewd poses or acts of any kind. Keep it classy.
9. Your Height will be taken at the check in process. Bare feet

**MANDATORY Check-ins: Thursday, March 14<sup>th</sup>, at Fitness One Gym,**  
801 East Union Hills Drive, N.E. corner of 7<sup>th</sup> Street and Union Hills Drive.  
Please check in between 5:00pm & 7:00pm.

**MANDATORY MEETING: Friday, March 15<sup>th</sup>, 5:30PM,**  
**Mesa Arts Center, 1 East Main Street.**

**MANDATORY MEETING: Saturday, March 16<sup>th</sup>, 4:30PM,**  
**Mesa Arts Center, 1 East Main Street.**

## **Most Frequently Asked Questions**

The companies we recommend here work very closely with Miles Productions. They are the best! If you want to do your best, use the best!

### **Can I go back stage and help my client or loved one:**

Yes, you can!

Please go to my web site [www.npcmilesproductions.com](http://www.npcmilesproductions.com) to find out how to purchase a Personal Trainers Pass. Click the icon trainers pass on the home page.

**I need meals to my exact nutritional needs prepared for me in advance for pick up or delivery** Cx2 Training and Nutrition (480) 634-0482

### **I need a personal trainer to get me ready for a show:**

**Pro Physiques** (480) 917-7767 (Formerly AZ Pro Physiques)

**PT By Joe** (480) 593-3636

**Die Hard Gym** (623) 979-5275

**Fitness 1 Gym** (623) 376-7888

**Arizona Bodybuilding Contest Prep** (480) 699-5003

**Life Styles personal trainers** (480) 206-3802

**Sanctuary Fitness** (623) 330-6337

**Ground Zero** (480) 414-2204

**Cx2 Training and Nutrition** (480) 634-0482

Please call to see what trainer is near you, as they are all awesome!

### **I need Competition Spray Tanning:**

**Unique Physique Competition Tanning** (602) 622-2406

<https://www.facebook.com/uniquephysiquetanning4/>

**Aglow Tanning, Hair & Make-up** (480) 371-6498 [www.AglowTanning.com](http://www.AglowTanning.com)  
[info@aglowtanning.com](mailto:info@aglowtanning.com)

**No Tanning allowed anywhere in the theater!!! Except the 2 spray tanning sponsors**

### **I need to get an awesome competition outfit:**

**Vizioncouture.com** (480) 447- 4789

### **I need good quality stage shots:**

**Brian Black Photographer / Premier Media Services** (480) 228-9667

### **I need show videos:**

**Brian Black Videographer / Premier Media Services** (480) 228-9667

### **I need my hair & make-up done professionally:**

**Katie** (480) 371-6498

**There will be sponsors showing all the best in the fitness world.**

# LIVE STREAMING

We are now offering live streaming. I know a lot of you moved here from a different state. That can make it very difficult if not impossible for your family and friends from your home state to attend the show. So, by popular request, we now have Live Streaming. Now your family and friends can watch you *live* on their computer or smart phone screen at home or wherever they are.

Please have them go on the home page of [npcmilesproductions.com](http://npcmilesproductions.com) where they will see the directions on how to watch the show.  
(Yes, they can see the Prejudging and the Finals)

**Listed on the home page of  
npcmilesproductions.com  
will be the Schedule of  
Events. This includes  
estimated times of each class  
to appear on stage, so your  
family will not miss your  
performance. This will be  
posted by 11:00 AM Friday**

PLEASE WEAR  
LONG SLEEVE  
SHIRTS & LONG  
PANTS IN THE  
AUDITORIUM AT  
ALL TIMES!!!!

This is mandated by the theater to protect it from tanning and oil products. Both prejudging and the finals meetings are in the auditorium. Please help us so we are welcomed back.

**Please mail in these last 2 pages of the entry form  
This form must be attached with the entry form prior to competing**

**ENTRY FORM FOR VIZION COUTURE BEACHWEAR COMPETITION  
FRIDAY, MARCH 15<sup>TH</sup>, 7:00 PM & SATURDAY, MARCH 16<sup>TH</sup>, 6:00 PM**

**MESA ARTS CENTER, 1 EAST MAIN STREET, MESA AZ**

Entry fee is \$100 for the first class and \$50 for any crossover.  
Late fee of \$30 starts March 8<sup>th</sup>.

Please mail in this page and the bio sheet with Cash or Money Order to:

Miles Nuessle  
7250 West Fallen Leaf Ln  
Peoria AZ 85383

You may also bring this entry form and bio sheet with you to the **check in** process.

**Check-ins** are **Thursday**, March 14<sup>th</sup>, at **Fitness One Gym**, located at 801 E Union Hills Drive, Phoenix (N.E. corner of 7<sup>th</sup> Street & Union Hills Drive). Show up any time between 5:00 PM and 7:00 PM

**Please mail in this page and the bio sheet**

Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Email Address: \_\_\_\_\_

Please circle the class or classes you are competing in

OPEN BEACHWEAR

TEEN BEACHWEAR

MASTERS 35+ BEACHWEAR

MASTERS 45+ BEACHWEAR

This form must be attached with the entry form prior to competing

# BIO SHEET

(Mandatory)

Name: \_\_\_\_\_

Phonetic Spelling of Name: \_\_\_\_\_

City & State: \_\_\_\_\_

Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Name Of Your Gym: \_\_\_\_\_

List Your Hobbies: \_\_\_\_\_

Any noteworthy information about yourself such as overcoming any adversities, or dedications.

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(30 words or less)

E-Mail Address: \_\_\_\_\_

2<sup>nd</sup> Email Address: \_\_\_\_\_

Phone No: \_\_\_\_\_